

ILDA Pool Rules and Regulations

(Note: Unless specifically excluded, the word "pool" includes both the main and the baby pool.)

The following pool rules have been developed to assure safe and sanitary operation of the pool and association facilities. These rules are required for the protection of all members and their guests and to insure their enjoyment of the association's facilities.

Failure to comply with these rules and with the direction of the pool manager and lifeguards at the pool may result in suspension of pool privileges or more seriously, cancellation of membership.

All persons using the associations facilities or entering the associations' property do so at their own risk. The pool is not responsible for lost or stolen items. A lost and found area is located next to the concession stand.

The membership certificate owner is responsible for insuring that all members and guests of the owner's household observe and obey the following rules and regulations:

ADMITTANCE

1. Members and guests shall sign-in at the main pool gatehouse when entering the association facilities. You must include your membership share number. The lifeguard will verify your current membership information.
2. All guests must be signed in by a sponsoring member at the time of entering the pool area and be accompanied by a member while using the association's

facility. All guests must have a guest pass, which can be purchased in blocks of 10 at the pool.

3. Only members of the immediate family and grandchildren of members are not required to pay guest fees. All other members' guests must pay the guest fee.

4. The manager will determine whether the pool will be evacuated or closed for safety reasons during a thunderstorm or filter malfunction. After no thunder is heard for at least 30 minutes the pool will reopen.

5. The pool can be used only when it is officially opened and the lifeguards are on duty excluding Swim/Dive practices/meets.

GENERAL POOL RULES

1. Members shall drive slowly and carefully on the driveway and parking lot area. Bikes must be locked in the bike racks outside the main pool entrance. Skateboarding, scooters and rollerblading will not be allowed inside the fenced area and when the pool is open, in the parking lot.
2. Abusive or profane language is not permitted on association property.
3. Running, pushing, dunking, wrestling, or causing undue disturbance is not permitted in or around the pool area. Spitting, spouting of water or blowing your nose in the pool is not allowed.
4. The use of floats, rafts and other swimming equipment in the main pool is at the sole discretion of the lifeguards on duty.
5. The use of super soakers or other powerful squirt guns is

prohibited except during specific squirt gun evenings or events.

6. Hanging, sitting, or swinging on the ropes in and around the deck is not permitted.

7. No smoking is allowed anywhere within the fenced area of the association's property.

8. Pets are not allowed within the fenced area of the association's property.

9. Only authorized persons will be allowed in the pool office, storage rooms, and concession stand or pump/filtration rooms.

10. Members and guests shall stay clear of the lifeguard's stand and not talk to the guards or distract them from their duties.

11. All injuries occurring within the pool enclosure must be reported immediately to the pool manager on duty.

THE FAIRFAX CO. HEALTH DEPT. ALSO REQUIRES THAT:

1. No person shall use the pool who has: a skin disease, open sores, excessive sunburn, inflamed eyes, cold, nasal or ear discharge, any communicable or contagious diseases, or who is wearing bandages of any kind or description. Exceptions to this rule will be made by written certification of a physician.
2. All persons shall take a cleansing shower bath, using soap, prior to entering the pool, and before reentering the pool after applying oil or lotion. All persons shall take a foot shower when returning to the deck after having been on adjoining grass or concession areas.
3. Children wearing cloth diapers must wear tight fitting rubber or

plastic pants. Disposable diapers are not allowed.

SUPERVISION OF CHILDREN

Except during supervised swimming and diving instruction or swim/dive practice, and in accordance to County guidelines for supervision, all children under 10 years of age must be accompanied by an adult or responsible babysitter 14 years or older.

1. Any child aged 10-13 must pass a swimming test administered by the pool lifeguards in order to use the pool unaccompanied by an adult.
2. Children under 5 years using either pool must be accompanied by an adult who shall remain within reach of the child at all times.
3. Children 5 years of age and older will be required to demonstrate to the pool manager an ability to swim before having access to the deep end of the pool without parental supervision.
4. After 6 p.m., children under 14 who are in the pool enclosure must be accompanied by an adult 18 or older and who will remain in the pool area with the children.
5. Children under the age of 14 years shall be cleared from the main pool for a 10-minute rest period once every hour until 6 p.m.
6. Use of the wading pool is restricted to children under 6, who must be supervised closely by a parent or competent babysitter at all times.

USE OF THE DIVING BOARDS AND DIVING

1. Only one person is allowed on the diving board tower or board at a time. Excessive bouncing, running, or loitering on the end of the diving board is prohibited.
2. Diving is permitted only after the previous diver has reached the wall or ladder.
3. Divers must execute dives off the end of the board and jump or dive straight forward off the board (not towards the pool wall).
4. Divers must swim out of the diving area to an appropriate ladder immediately after surfacing.
5. Throwing items to the diver while on the board or while in the air is prohibited.
6. Observe all painted "no dive zones" on the deck.

USE OF THE SLIDE

1. Only one person is allowed on the water slide or ladder at any time.
2. Swimmers must go down the slide feet first in a sitting position.
3. Jumping or diving from the edge of the pool in the vicinity of the water slide is not permitted.
4. No one shall slide until the area is clear below the slide.
5. If crowded conditions exist, the manager may close the slide for safety reasons.

FOOD AND THE POOL

1. Glass, breakable containers, or similar items are not allowed on the premises.
2. Food is stored and consumed in the grassy areas surrounding the deck or in the concession area.
3. All refuse will be placed in the proper containers surrounding the pool area.